



19. Internationaler Fastenkongress der ÄGHE

“Transformation through Fasting”



Samstag, 18. Juni 2022
Im Salem International College
88662 Überlingen

Information und Anmeldung:
www.aeghe.de
fastenkongress@buchinger-wilhelmi.de

Pierre Croisille & Magalie Viallon, Saint-Etienne (FR) – First outcomes of MRI Study on Long-term Fasting

Miriam Bredella, Boston (USA) – Effect of Fasting on Human Bone Marrow Adipose Tissue

Massimiliano Ruscica, Milano (IT) – Changes in Lipid Metabolism During Long-term Fasting

Etienne Hanslian, Berlin (DE) – Report on Recent Fasting Studies

Demetrios Kouretas, Thessali (GR) – The Benefits of Fasting on Oxidative Stress

Françoise Wilhelmi de Toledo & Franziska Grundler, Überlingen (DE) – Benefits of Buchinger Wilhelmi Long-term Fasting

Robin Mesnage, Überlingen, London (UK) – Health Implications of the Gut Microbiome Remodelling caused by Long-term Fasting

Eva Lischka et al., Überlingen (DE) – Case reports